

Dr. La Mastra has been practicing for four years in Plano, TX and is excited to practice in his hometown of Dallas, TX with Dr. Hamlett. He believes in comprehensive dental care that helps patients maintain their orly health, smile and addresses their chief concerns. He prides himself on delivering the best, most compassionate, and holistic dental care to each of his patients. He shares with us his expertise in the following levels of maintenance, repair and revive.

Prevention Dentistry: Prevention dentistry requires that the patient must maintain their biannual dental checkups and cleanings, the dental hygienist needs to provide a thorough exam of the patient's gum health and an excellent cleaning, and finally the dentist must provide a thorough exam. The exam must include a physical inspection of the mouth but also a conversation with the patient to pick up on other cues in which the dental professionals need to monitor. Dental practices that actively engage in prevention dentistry are the best places for maintaining great oral health.

Bonding: Dental bonding can correct chipped or broken teeth, enhance discolored teeth, and even improve the look of spaced teeth. Dr. La Mastra will simply apply a tooth-colored composite resin to any damaged/missing enamel, and then he'll sculpt it to look like a regular part of the tooth while hiding any imperfection along the way. This is one of the fastest and most affordable cosmetic treatments offered, and the beautiful results can easily last for up to 10 years. The material comes in a wide range of shades and can be molded and sculpted to create almost any shape or contour. Bonding is generally considered more conservative than veneers or other cosmetic dentistry. Veneers: Veneers are an easy way to transform a smile with mild to moderate dental issues into something truly beautiful and breathtaking. They are also responsible for giving patients a "Hollywood smile" that are seemingly perfect. Thin ceramic coverings are placed over the teeth, making noticeable stains, cracks, and gaps seemingly disappear. They can even be used to make slightly crooked teeth appear straighter, which is why many dentists call them "instant orthodontics." Receiving a set of porcelain veneers provides a convenient alternative for people who would, otherwise, have to consider more lengthy procedures like braces or aligners to improve their teeth.

Invisalign: Invisalign treatment is a popular orthodontic treatment that utilizes clear aligners to offer an alternative to traditional wire and bracket braces. It's able to straighten crooked, crowded, and gapped teeth while not affecting a person's daily appearance during the process. No one will notice you're wearing the aligners unless you tell them! They are easily removable, meaning you can maintain your normal diet and hygiene routine while getting the smile you've always wanted. Dr. La Mastra developed the "La Mastra Method" which decreases treatment time and creates a more predictable outcome. This also has made him one of the youngest faculty members in Invisalign history.



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